

5 TIPS From Mim Senft

In the podcast, Mim Senft, co-founder of Motivity Care, shares her personal story as well as her motivation for creating Motivity Care. This concierge-style online service helps people navigate life's toughest days. During the conversation, she shares the following reasons to use Motivity Care.

TIP 01

Peace of mind.

Motivity Care provides a peace of mind to know that all of your information—medical, legal, personal—is in one place. Motivity Care also helps you make tough decisions before a crisis, so that when you are in the middle of a crisis, you do not need to worry.

TIP 02

Ease of use.

When you enroll in Motivity Care, you gain access to an interactive, highly secure and user-friendly technology that will make your life easier. Motivity Care provides a chief of staff approach and will help as little or as much as you need.

TIP 03

People to help.

In addition to an online platform, you get people to help you! When you don't have easy access to the internet, you can give Motivity Care a call and they can get you the information your or a health professional needs.

TIP 04

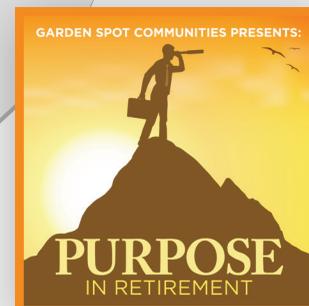
Gift to your family.

In the midst of a crisis, your children and grandchildren can rest assured that your wishes for your healthcare are followed. Providing access to your medical and legal information to a member of your family will help doctors and your family make decisions.

TIP 05

A liaison for tough conversations.

Motivity Care wants to support you in times of tough diagnoses and difficult situations. If you need a professional to participate in a family call or mediate for you during a doctor's visit, Motivity Care can do that for you.



If you find these tips helpful, feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

Listen to our podcast online: gardenspotcommunities.org/podcast