

5 TIPS From George Jerjian

In the podcast, George Jerjian shares a pivotal moment where everything changed for him. The moment where he realized he needed the courage to find his purpose. The following tips walk through the value of courage plus the action behind the acronym referenced in his book, "DARE To Discover Your Purpose."

TIP 01

Courage

We need to have courage to do things differently than our parents -- to think about retirement differently. George uses "DARE" as his acronym because it alludes to having the courage to make our lives better.

TIP 02

Discover

This stage is about discovering what retirement is and what it is not. Many times our vision of retirement is imaginative at best. It's about getting our hands dirty and discovering what retirement is all about.

TIP 03

Assimilate

In this stage we need to assimilate new information about our minds. Our subconscious mind sabotages our plans to change our habits. When we understand how our subconscious mind works, we can overcome that challenge.

TIP 04

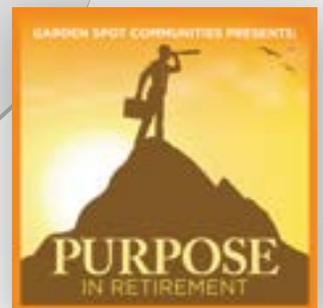
Rewire

Rewiring our minds is about finding a new way to see our reality and the opportunities available to us. Wayne Dyer says, "If you change the way you look at something, what you look at changes." This is what the rewiring process is all about.

TIP 05

Expand

At 65 we need to grow our sandbox, rather than allow it to shrink. Many people will have 30 or more years to live after they retire, which makes retirement a perfect time to expand your world — explore new interests, start a second career and make new friends.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

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