

# 5 WAYS

## Different Generations Can Teach Each Other

In the podcast, SaraJane Munshower and Dan Bellis, share the relationship they built through the Garden Spot Village Wisdom Course. The following tips offer ways that different generations can teach each other.

### TIP 01

#### Spend Time

While quality time is important, the quantity of time is sometimes more important. It takes time to build relationships and trust where we can learn from each other.

### TIP 02

#### Talk

While digital communication and social media allow us to message any time of the day or night, a good old-fashioned, in-person conversation offers a different level of relationship.

### TIP 03

#### Listen

When you're talking, take time to listen too. Active listening allows us to confirm what we are hearing and reinforce the lessons we are sharing.

### TIP 04

#### Share Life

Sharing meals, working on projects together and telling life stories provide opportunities to share wisdom and life lessons with each other.

### TIP 05

#### Change Perspective

As SaraJane reflected in the podcast, when we spend time, talk, listen and share life, we often change our perspective and our worldview.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

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