

5 WAYS to Connect with Another Generation

In the podcast, Don Aldrich and Katie Wickenheiser talk about their experience with the Garden Spot Village Wisdom Course. The following tips offer an insight into their journey of intergenerational connection.

TIP 01

Be Willing

Neither Katie nor Don knew much about the intergenerational “experiment” between Garden Spot Village and Elizabethtown College--but they were willing to participate.

TIP 02

Set Aside Time

Connecting and building relationships takes time. When you are willing to invest time in someone else, everyone will benefit.

TIP 03

Be Uncomfortable

We learn the most about ourselves and others when we are pushed outside our comfort zone. Accept opportunities where you might be a little uncomfortable.

TIP 04

Listen

We can hear, without listening. Take the time to listen and absorb the verbal and nonverbal messages that those of a different generation share.

TIP 05

Learn

Take the time to truly learn the life experiences of others and apply those learnings to your lived experience and the way you connect with people of all ages.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

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