

5 WAYS

Elders Can Impact Those Around Them

In the podcast Don Horning reflects on his experience with the Garden Spot Village Wisdom Course and the impact he has had on the lives of young people. The following tips offer ways elders can impact the lives of the people around them.

TIP 01

Listen

Active listening and holding space for people to talk about their life experiences and struggles needs to be intentional. So often we hear people talking; elders will listen.

TIP 02

Reflect

After hearing what is said, elders will reflect what they heard--whether it was verbalized or not. Deep listening includes reflection to test the the messages communicated.

TIP 03

Share Your Wisdom Story

Many people are quick to give advice and fix the surface level problem. Elders share their wisdom story and lessons they have learned, which leads the listener to find their own solutions.

TIP 04

Give Direction

Elders will see the potential in others and push them to take the next steps. Elders will offer invitations to lead or learn and encourage others to move past their comfort zone.

TIP 05

Speak Truth

Elders have done the hard work of self reflection and gleaning wisdom. This hard work allows them to speak truth in love--in a way that others will hear and be blessed by the truth rather than offended.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

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